

Newsletter



Issue No 01 – 30 / 06 / 2023

251kg of Food Donated at the ASDA Food Drive!

At the beginning of June, Aberdeen North Foodbank had the opportunity to collect food donations in a week-long ASDA Food Drive from Thursday 1st – Wednesday 7th.

We were delighted to have received 251kg of food and toiletries to continue the important work of the foodbank and reach local people in need.

We would like to extend a HUGE thank you to Asda, their staff, our amazing volunteers and everyone who donated items to Aberdeen North Foodbank throughout the week. It was a great chance to spread awareness about the foodbank and the increasing need; we received such generosity and kindness from the general public.

In the last calendar year we distributed over 25,000kg of food in Aberdeen North across 5 foodbank centres!



Foodbank Volunteer, Brian, at the ASDA Food Drive

We rely on donations and the incredible support from our community to be able to make this happen. If you would like to make any future food donations, we have 3 permanent collection points:

- Asda, Beach Boulevard, AB11 5EJ
- Tesco, Danestone, AB22 8HB
- King's Church, Bridge of Don, AB23 8BL

Most weeks we are having to purchase food with money donations as we are low on many items, so we greatly appreciate any donations you are able to give. Please follow our social media pages or head to our website to find out more about what food to donate. Thank you!

“ *There's a deep sense of satisfaction when volunteering at a foodbank collection...* ”



Abseiling Fundraiser!

Carla and Rachel abseiled down a 131ft tower on Saturday 10th June to raise money for Aberdeen North Foodbank!
They have raised an amazing **£710.22!**

We are so grateful to them and everyone that took part by donating money. It will be incredibly beneficial in ensuring our food stock levels are kept up and distributed to those in need.

Volunteer Highlight

"I started coming to the foodbank shortly after moving to Aberdeen. I didn't know anybody in the area, and volunteering became a way to meet new people and help out in the local community."

The foodbank has changed a lot in the four years I've been here, but it has always been a welcoming space, and I love going there because it brings you into contact with so many amazing people - both the wonderful volunteers and those who come to us for food. Most of our time volunteering is spent making up food parcels and talking with people, and I'd encourage people to come and try a session if either of those things sound interesting!

In a better world, foodbanks wouldn't exist. That people are increasingly in situations where they need us speaks to a deep failure of care in our society, and foodbanks can only ever be sticking plasters over that wound. However, for as long as foodbanks do exist to meet a need, I'd like to think that our foodbank is a space where everyone feels welcome, and that the support we provide makes a real difference in people's lives."

- Keiran
Trinity Church Foodbank Volunteer

New Statistics Show 320% Increase of Foodbank Usage at Aberdeen North Foodbank in Year Ending March 2023 Compared to the Previous Year

On Wednesday 26 April, The Trussell Trust released our End of Year stats. They include shocking new figures which reveal that over 10,600 emergency food parcels were provided to local people in Aberdeen North who couldn't afford the essentials between April 2022 and March 2023 – nearly 4,000 of these went to children.

This isn't right and we know things don't have to be this way. As we reflect on these extraordinary times together, we want to extend a huge thank you to everyone for your generous donations of time, food and money.

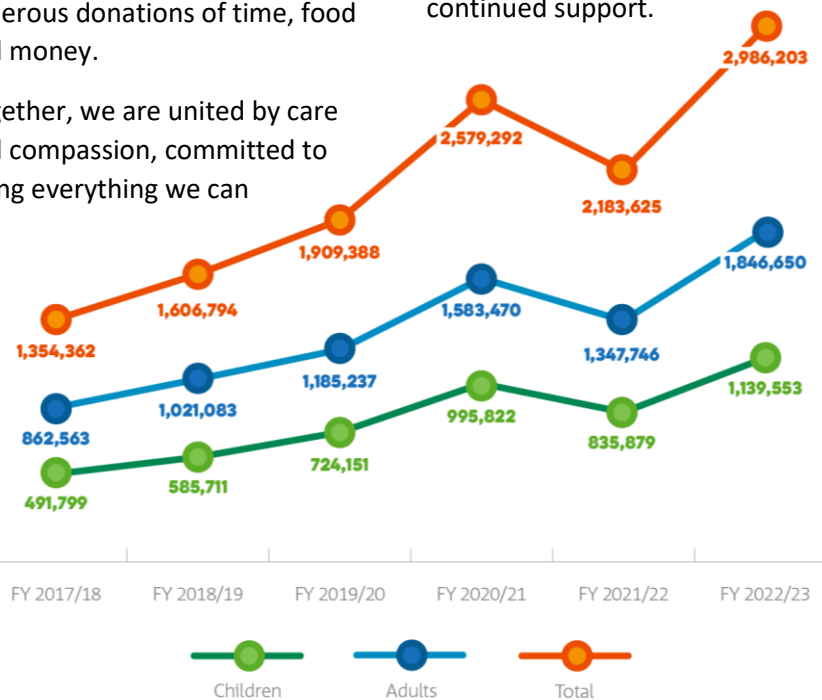
Together, we are united by care and compassion, committed to doing everything we can

to support people facing impossible decisions.

The Trussell Trust are calling for MPs across the UK to support a social security system that guarantees our essentials, by making sure that the basic rate of Universal Credit is at least enough to afford the essentials we all need.

If you would like to take part and find out more, please visit www.trusselltrust.org/essentials.

We are so grateful for all your continued support.



Number of emergency food parcels given by Trussell Trust Foodbanks in the last years

We want to see a future where food banks aren't needed and we know that together, we can make that happen.

 Aberdeen North Foodbank

 @NorthABFoodbank

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01234 567 899

info@aberdeennorth.foodbank.org.uk
aberdeennorth.foodbank.org.uk

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