



**BUY A GIFT
THAT MATTERS
THIS CHRISTMAS**



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To: _____



Instead of buying me a gift this year, please consider donating food to Aberdeen North food bank.

From: _____

Registered Charity in Scotland (SC041380)

SHOPPING LIST

- UHT Milk
- Tinned Fruit
- Tinned Veg
- Rice Pudding or Custard
- Tinned Fish



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